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It's a jungle in here

Robin Seigfried, sheet metal mechanic, sands body filler on the roof of an AN/MPS-T1 Radar Control Van in Building 30. All of the hoses are part of the Festooning System that supplies working air, electrical and vacuum suction for sanding. The various hoses are intentionally located overhead on a track system that provides safe, point of use access to the workers without any tripping hazards on the floor. Employees in the C4ISR Finishing Center repair, refinish and paint large, tactical

Command, Control, Communications Computers, Intelligence, Surveillance and Reconnaissance weapon systems maintained here for the U.S. military. The center is a 78,000 square foot facility with environmentally friendly and energy efficient features complementing state-of-the-art industrial equipment. Body filler products can be used to repair and restore aluminum, wood, concrete, brick, metal, fiberglass, stone and sheetrock. (Photo by Steve Grzedzinski)

Tobyhanna expands capability to include software support

by Jacqueline Boucher
Editor

It's no secret Tobyhanna Army Depot likes to push the envelope when it comes to reimagining its classic depot-level maintenance program to provide logistics support in line with the Army's future needs.

Operations around the world rely on a blend of software and hardware support to meet mission requirements. It used to be all about the hardware, which includes the Reset, repair and overhaul of system components. Now, Team

Tobyhanna is collaborating with the Software Engineering Center (SEC) to expand its scope of capability to include mitigating risks associated with cyber-attacks and various threats to military weapons systems. The SEC is part of the U.S. Army Communications-Electronics Command.

"Tobyhanna set the stage for the future a long time ago and now it's here," said John Howard, Information Management Division chief. "To meet the needs of our customers, we needed to shift focus from just hardware repair to include software repair."

Anyone who operates Army automated

information systems such as computers and servers is familiar with Information Assurance Vulnerability Alerts (IAVA) – notices from U.S. Cyber Command with actions to take regarding potential risks to information technology (IT) systems. As cyber security concerns become more prevalent in the force, there's a renewed emphasis to attain a higher level of compliance. Personnel here are using innovative approaches to adapt software technology to safeguard the warfighter's information environment.

This new partnership opens the door

for Tobyhanna to recruit employees and develop an organic capability to execute work associated with mitigating information security weaknesses that expose an organization to risk, according to Dan Soderberg, IT specialist (policy and planning) in the Production Engineering Directorate's Special Project Office for Software Sustainment. Tobyhanna started supporting the software mission late last year with two pilot systems — MIDAS (Multiplexer Integration and Digital Communications Satellite Subsystems

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Minimizing carryover

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Survivors share their stories

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NEWS NOTES

PAO announces readership survey

The Public Affairs Office (PAO) will conduct a newspaper readership survey for the Tobyhanna Reporter starting June 13. The results of this survey will tell the PAO what readers want, where they get the paper and how reliable they consider it as a source of information. Anyone with access to the Tobyhanna intranet page is eligible to submit the web-based survey. The link is under Web Tools/TYAD Reporter Public Affairs — <http://intranet.tobyhanna.army.mil/Intranet/forms/viewform.cfm?formID=100>. The deadline to submit a survey will be Aug. 17. For details, call X58073.

Heritage month honors Americans

During the month of May, the U.S. Army joins the nation in honoring Americans of Asian and Pacific Island descent for their military and civilian service. These individuals have proudly served in America's Army during the Civil War, World Wars I and II, Korean War, Vietnam War, Gulf War, and operations Iraqi Freedom and Enduring Freedom. This year's theme is: Walk Together, Embrace Differences, Build Legacies.

Global list needs updating

Depot employees can update their contact information on the Global Access List (GAL) via a link on the intranet homepage. Information such as work telephone, building and room numbers are missing from the GAL entries.

Mailroom moves upstairs

Mailroom operations have moved to the PAO Conference Room on the 2nd floor of Building 11. Mail will be sorted, distributed, receipted, picked up and dropped off in the new location. The mailroom will be open Monday through Thursday from 7:30 a.m. to 4 p.m. The facility will close from 9:15 to 9:30 daily for break; 10 to 11 a.m. for post office pickup; 11:30 a.m. to noon for lunch; 2:15 to 2:30 for break and 2:30 to 3:30 p.m. for post office pickup. For more information, call Stephanie Wojcicki, X57411.

TOBYHANNA REPORTER

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TEAM TOBYHANNA
 EXCELLENCE IN ELECTRONICS®



by Col. Gregory D. Peterson Depot Commander

Every day I am amazed by the hardworking, dedicated folks who work here and realize how fortunate I am to be a part of Team Tobyhanna.

The warmer weather has everyone spending a lot more time outside enjoying a variety of fun and adventurous activities. With that in mind, I encourage everyone to keep safety at the forefront here and at home.

Historically this is the deadliest time of year for accidents; we must all do our part to keep one another safe.

Last year, 37 Soldiers died and another 17 suffered life-altering injuries in off-duty mishaps between Memorial Day and the first day of fall in late September.

Of those fatalities, 30 involved driving or riding: 15 on motorcycles and 15 in four-wheeled vehicles, with drownings and accidental discharges of privately-owned weapons rounding out the total.

We also need to be wary of the hazards related to insects, namely ticks and mosquitos, bicycles out and about, ensuring the grill is set up properly, children in hot cars and sunscreen use.

To add to that list, there's some concern about the number of slips, trips, falls, strains and sprains in the work area.

I'm confident Team Tobyhanna, in partnership with the union, will take the necessary steps to keep everyone safe. With years of construction work ahead of us, conditions are ripe for increased safety hazards.

I ask that everyone slow down, look

around at home, on the road and at work to identify potential hazards, then work to eliminate or mitigate those risks.

As Katherine Hammack, Assistant Secretary of the Army (Installations, Energy and Environment) mentioned in her safety message, "To stay a ready Army, we must be a safe Army — every day is critical in our fight against risk."

Team, I ask that you use the warmer weather and upcoming holidays [including National Safety Month in June], to your advantage and refocus your safety efforts.

Thank you for the incredible job you do every day for our joint warfighters and our nation.

Be safe and enjoy all the fun summer has to offer.

Team Tobyhanna — Excellence in Electronics!



Solar panels supply alternate, reusable energy

More than 4,000 panels of solar cladding are being installed on seven buildings around Tobyhanna Army Depot in an effort to decrease depot heating costs and improving air quality by blending the layers (destratify) of air to create a uniform temperature in high-ceiling warehouses. The solar walls will lead to annual natural gas and electricity savings in excess of 30,000 MMBTU (million BTUs) with a 20 percent reduction in air pollutants. Installation is scheduled to wrap up Aug. 31 and the technology will be fully operational within two weeks. Top right, personnel cut a piece of the steel support structure that will hold panels on Building 7. Bottom right, a contractor sorts panels to streamline installation. (Photos by Justin Eimers)



Morocco takes a page from Tobyhanna's book

Three members of the Royal Moroccan Armed Forces learn about the depot's repair and maintenance operations for electro-optics/night vision (EO/NV) systems during a visit to Tobyhanna May 11-12. The Moroccans use a variety of EO/NV systems and maintain a dedicated repair facility in country, and they hope to benchmark some of Tobyhanna's repair and maintenance operations. While here the security officers were able to spend time discussing processes and procedures with a number of subject matter experts. During a tour of the industrial areas, Robert Wydro, rubber products fabricator and repairer and Gean Bechtold, center, show how ends are molded on Net Warrior cables. Bechtold is the Night Vision and Guidance Control Branch chief. (Photo by Steve Grzedzinski)

IAVA from Page 1

Automation Systems) and GCCS-A (Global Command and Control System-Army). Fourteen systems are scheduled to arrive by the end of the fiscal year and there's potential for up to 40 more systems between now and 2022.

Quality Assurance Analyst Deborah Hussung is looking forward to working with SEC to develop this new capability.

"This is something totally new for the depot," she said. "We have the opportunity to personalize the existing framework and guidelines to make the IAVA program our own."

Dozens of IT specialists, new hires and depot employees, have accepted positions to support the new mission. Work is distributed among four functional areas: security analysis, tester, configuration management and quality assurance.

"I'm excited to be here," said Mike Granville, quality assurance analyst. "Working with SEC has been great. Most of the software work is basically the same, the challenge is getting to know each system."

Granville and Hussung are former Information Management Division employees.

Vacancies in the Information Management Division are viewed as an opportunity to bring in fresh ideas and new talent – qualified people who will enhance the mission, according to Howard.

Tobyhanna believes in strong training programs that prepare personnel for opportunities that arise. To gain access to the C4ISR systems, personnel must possess industry standard certifications and then complete system specific training. Over time technicians will be able to

build on existing knowledge to apply their skills to different systems.

C4ISR stands for command, control, communications, computers, intelligence, surveillance and reconnaissance systems used by the military.

"We're embedding Tobyhanna personnel with the current support teams so they can learn the systems," Soderberg said. "IT specialists here will validate an IAVA's applicability to the target system and then develop the modifications that will mitigate that risk."

Soderberg explained that personnel will be able to perform tasks using a physical replica or virtual facsimile of systems in the field. There are costs involved to bringing individual systems to Northeast Pennsylvania. If systems can be emulated in a virtual environment then Tobyhanna can reduce those costs becoming more

efficient for the customer, he added.

"We are trying to enhance the security posture of these systems as quickly as possible . . . to keep things secure while keeping them operational," he said.

Software repair packages will be tested at Tobyhanna then forwarded to SEC for acceptance and distribution to the forces in the field for installation.

"Employees supporting the IAVA mission are immediately closer to the warfighter because they're repairing the tools needed in the field," Howard said. "Bringing the software repair in helps us grow and maintain our workforce strength far into the future. It makes us more viable for other organizations to seek us out in the future to do this type of work."

To meet logistical requirements, Building 5, Bay 1 is being modernized to house the IAVA effort. Team members plan to move in next year.



From left, Information Technology Specialists Patrick Noel, Stephen Washicosky and Brian Medwet configure and test a software support pilot system with the latest IAVA updates. (Photo by Steve Grzedzinski)

Path forward increases productivity, revenue while minimizing carryover

by Justin Eimers
Assistant Editor

Depot commander Col. Gregory Peterson recently referred to Tobyhanna Army Depot as the "most productive depot in the Department of Defense," adding it is statistically proven by the depot's high direct labor yield. Despite the depot's success, HQ AMC (Headquarters, Army Materiel Command) has placed an increased focus on production and the reduction of carryover — the portion of a maintenance program that is not completed during the year of obligation and is carried into the subsequent fiscal year for completion.

"As a basic rule, carryover is a healthy business indicator of workforce stability and resource planning," said Frank Zardecki, Tobyhanna's deputy commander. "Excessive carryover impacts readiness and customer expectations, results in backlogs on equipment deliveries, increases the cost of doing business and causes programs to be executed at the current year expensing rate, resulting in a loss of revenue."

Each year, the Office of the Secretary of Defense (OSD) sets an expectation, based on readiness requirements, of the amount of work to be executed during the fiscal year. Then, a carryover ceiling is established for each installation. In fiscal 2015, the depot's \$630 million of carryover was over its allowable amount by \$267 million, though Tobyhanna was not alone. As a result of excessive carryover across the command, HQ AMC emphasized increased production to reduce carryover. In response, Tobyhanna aggressively increased its direct labor hour execution by 400,000 hours, increased overtime from seven percent to 15 percent, and has hired additional personnel to assist in constrained areas.

Caleigh Pedriani, management analyst in the Production Management Directorate, said understanding carryover may be tricky but that adjustments to the production plan were necessary despite Tobyhanna's positive performance.

"A common misconception is that having carryover means Tobyhanna is falling behind on production schedules," she said. "Often times, carryover is a result of receiving work late in a fiscal year that has a repair cycle time longer than the days remaining in the year." When this occurs, Tobyhanna adjusts its execution plan to ensure an increase in production for the additional workload.

Jim Antonelli, Director of Resource Management, said carryover has positive impacts on the depot but that it also needs to be reduced to stay in line with OSD expectations for production and minimize the amount of prior year work being performed at current year expensing rates.

"Carryover provides stability and continuity during fiscal year transitions, but we have to manage it according to the limits passed down to us in order to satisfy the ultimate goal of meeting Army readiness requirements," he said.

The depot was originally expected to execute 30 percent of its Operations and Maintenance Army work in fiscal 2015, meaning it could carryover nearly 70 percent of it. Now, Tobyhanna must execute the work at a 40.6 percent clip in fiscal 2016, leading to the increased direct labor hour plan and overtime.

Antonelli said the path forward will increase productivity and revenue while minimizing carryover.

"Our way ahead through fiscal 2017 involves the timely closeout of programs, a close focus on first-quarter execution, and early coordination for program funding and asset availability," he said.

Sailors sharpen IT skills during maiden training voyage

by Justin Eimers
Assistant Editor

Eleven United States Coast Guard (USCG) reservists from across the Pacific Northwest recently spent two weeks at Tobyhanna Army Depot for a training mission significant for both the depot and the unit.

“We don’t get down to the component level during day-to-day operations, which is why we’re here,” said Lt. Cmdr. Kevin Shmihluk. “All of our guys are IT (information technology) field technicians, so for us this is a great way to practice those seldom used skills and educate ourselves as to how things work at the depot level.”

The visit also marked the first time a USCG unit has come to Tobyhanna for training.

The Sailors, from USCG Base Seattle — C4IT (Command, Control, Communications, Computers and Information Technology) Department, were taught troubleshooting theory and were introduced to component-level repair of various communications systems. The department provides technical support for all Coast Guard electronic systems operated in the Pacific Northwest and maintains a wide variety of electronics equipment on small boats, shore units and patrol boats through a maintenance contract.

The department is comprised of reservists from five states — Washington, Oregon, California, Arizona and Alaska — most of which have to travel a great distance for training, so the trade-off was to either convene in Seattle for a standard annual training (AT) iteration or travel to Tobyhanna for a new AT mission.



From left, Petty Officer 2nd Class Brian Aebi, Petty Officer 1st Class Phil Cyphers, Chief Petty Officer Daniel Nietling and Petty Officer 2nd Class Bjorn Tovsrud practice soldering on a Single Channel Ground and Airborne Radio System (SINCGARS) power supply with the instruction of Electronics Worker Joseph Rossi. Rossi works in the C4ISR Directorate’s SINCGARS Section. (Photo by Steve Grzezdinski)

Shmihluk said the support from their chain of command encouraged them to take advantage of the training opportunity here.

“When our leadership heard we had the chance to come to Tobyhanna they got behind us right away and urged us to take as many things back home to share the knowledge,” he said, adding that their visit will serve as a template for future training missions to Tobyhanna and other depots.

Chief Warrant Officer 4 Paul Bostwick said there was no shortage of volunteers lined up for the trip.

“A lot of times, putting something together like this is like pulling teeth. I didn’t have that problem this time around,” he said. “I told my guys, ‘We’re going to

Tobyhanna,’ and we actually had to turn people back.

“The guys were really psyched about the opportunity because they don’t often get to see this level of granularity. I’ve seen a lot of light bulbs go off and wheels spinning the last two weeks.”

Week one consisted of electronics troubleshooting and theory simulation classes while week two focused on hands-on learning, creating opportunities for the reservists to work with unfamiliar systems.

“I’ve gotten to use some machines I have never seen before,” said Petty Officer 2nd Class Vince Castaldi. “As a field tech I’ll probably never use an oscilloscope, but learning half-stepping and going from input

to output is usable in many scenarios.”

Mark Butler, training instructor in the depot’s Resource Management Directorate, led the System Troubleshooting Course and commended the reservists on their effort, citing their interest in the material, support for one another, diligence in carrying out tasks and initiative to complete additional exercises to refine their skills.

While expectations were varied prior to making the trek to Northeastern Pennsylvania, one thing was unanimously appreciated throughout the unit’s stay.

“The accommodations here are incredible,” said Petty Officer 1st Class Phil Cyphers, adding that support staff around the depot led to an exceptional experience. “Our time at Tobyhanna has been well spent and a lot of that is thanks to the great instructors you have here.”

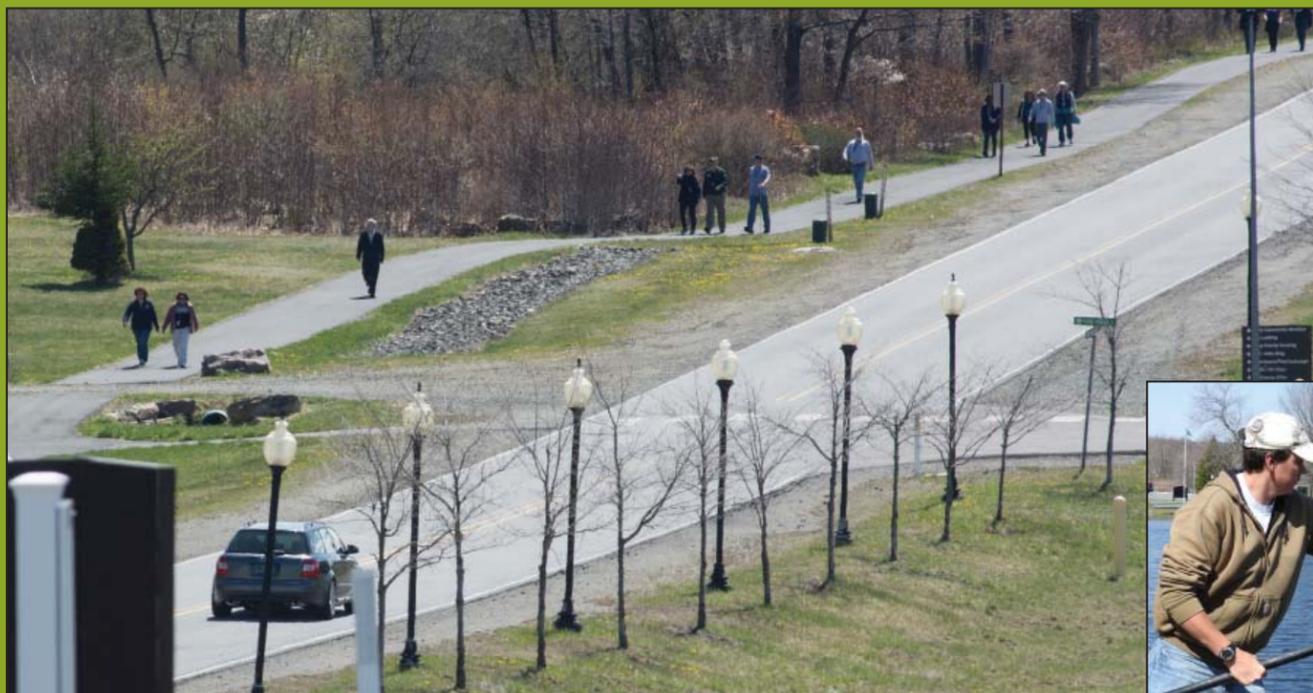
Bostwick agreed that depot personnel were instrumental in conducting such a successful course.

“Tobyhanna compares very favorably to other places we’ve gone for training. There are some things that you do here that far exceed what the Navy is doing,” he said. “Flexibility was key to making everything come together.”

Despite only two weeks of training, Shmihluk said there are many takeaways from the unit’s time here including an appreciation for component-level repair and what a depot can do.

“I think our guys will have more pride for what they’re a part of after seeing operations at this level,” said Shmihluk. “They’re going to walk away with more knowledge and ideas about how they can carry out their duties more effectively.

“We would come back in a heartbeat.”



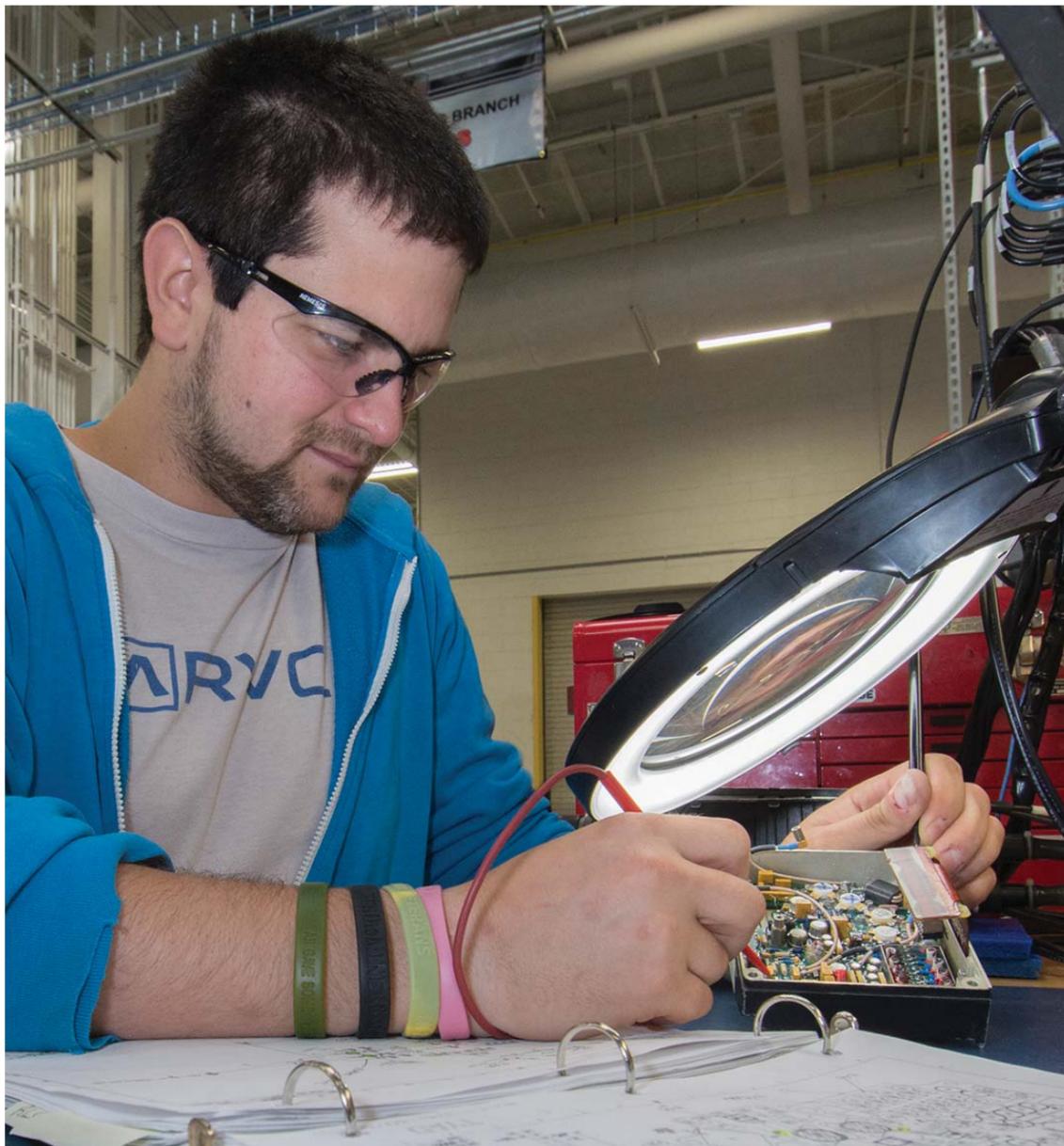
Warm weather welcome

Clockwise, Team Tobyhanna personnel stepped into spring by participating in three annual events during April. The Prevention and Wellness Group’s walking event saw dozens of people trek from the Mack Fitness and Recreation Center, along the walking path on Hap Arnold Boulevard, around the Tobyhanna Villas and back. Spring Cleanup volunteers fill more than fifty 55-gallon trash bags, plus pallets with larger items. Barney’s Lake is stocked with 800 Rainbow trout, ranging from 11 to 16 inches. (Photos by Steve Grzezdinski and Tammy Strausser)

Communications Branch C4ISR Directorate

Employees overhaul, repair, test and modify Man Portable, Vehicular and Airborne Communications Sets used by all branches of the military and foreign military sales customers. Employees also test and repair communication sets for Air Force Air Traffic Control Systems, the AN/GRC-245(V) High Capacity Line of Sight (HCLOS) Data Radio, AN/TRC-170 Tropospheric Scatter Microwave Radio Terminals, AN/TRC-190 HCLOS terminals, AN/ASM-146 and AN/ASM-147 Shelter-Mounted Electronic Shops, and the AN/ASM-189 and AN/ASM-190 Electronic Shop Vans.

(Photos by Steve Grzedzinski)



Chris Grzedzinski checks the voltage of a transistor on the power card for an amplifier oscillator.



From left, Electronics Mechanics Gerard Daniels and Joe Gigliotti repair a transmitter and power supply, respectively, while Michael Lloyd performs an electrical test on a multiband radio.



Electronics Mechanic Raul Genao tests an amplifier coupler on the AN/GRC-206 test rack.



Electronics Worker James Solomon performs an electrical test on a radio used in the TRC-190 High Capacity Line of Sight Communications Terminal.



Electronics Mechanic Yelena Raykhel performs mechanical repairs on a master control station, a component of the vehicular intercom system.



Ray Nardelli, electronics mechanic helper, tests the wiring harness on a Rockwell Collins Radio.



Arthur Caicedo, electronics mechanic, repairs an electrical mounting base.

EXCELLENCE IN ELECTRONICS

AROUND THE DEPOT

“No” really means “No”

“Rape” – such a taboo word – what comes to mind when you hear it? How do you define it? Perhaps you think of the battered, bruised, and bloodied victims from the Law and Order series, or the shocking story of Kelly Johnson-- do you ever think about “persistence?” I had never conceptualized persistence on the rape continuum until it happened to me... I wasn't battered, bruised, and bloodied; I was raped because of persistence.

Picture this: A petite, slender 20-something brunette woman in a high-collar, floor-length black Ralph Lauren dress standing the main ballroom of a historic hotel with other wedding guest, a mix of professionals and law enforcement officials, flooding in to get a seat before the ceremony. Upstairs was the wedding party, including the man I had recently begun dating when we were set up by mutual friends – the bride and groom. The mood was joyous, I was being welcomed by a new group of friends, and I felt safe. Unfortunately, this was false security...

The night's events after the wedding would cause me to say “No” five different ways in the hope that one would make an impact, evaluate a myriad of split-second decisions seeking alternatives, and physically push away from the body of an above-average, muscular State Trooper so that I could somehow, miraculously get away – all the while keeping my life and survival at the forefront... the end result – he persisted, overpowered, and raped me. During and following the incident, I was (somewhat) thankful to be alive and not battered, but kept wondering “what happened?” I was disturbed and in denial... this wedding was supposed to be a safe environment... we're both professionals - he's a Trooper, and I'm a federal employee... we talked about abstaining just four weeks earlier (and he had initiated the conversation). I couldn't define the situation and I blamed and doubted myself... I didn't agree to what happened, but what did happen? Has my health been compromised? Why did I believe I would be safe at the wedding? Could I have avoided this? What split-second decision(s) could I have changed that would have altered the outcome? And again... what happened?

I failed miserably trying to seem normal the days following; I made excuses for being distant, secretly researched and stopped in various walk-in clinics so that no one would know what happened, and blamed myself for what happened when asked at the clinics. I called my friend, the bride, and asked if everything seemed okay with the Trooper, but I maintained a superficial conversation because I still didn't know what happened and I didn't know how to express to the bride that something of that magnitude had happened at her wedding. I had the nagging feeling that something had happened, but was immobilized by self-doubt. Days later, I eventually called the Women's Resource Center in Lackawanna County... and continued to make excuses for the event. I was terrified for my health and confused about what had happened...

After about two weeks of continually replaying the situation in my mind, I was able to define what happened – I was raped (sickened and terrified). How and why did this happen to me? I'm a professional, a student, a Christian, a conservative woman, an aunt, a sister, a friend, and from a decent family; he's a Trooper, a father (divorced for a few years), a son, a brother; the wedding was in a gorgeous, historic hotel... this wasn't the Law and Order back alley deal. I later discovered that rape due to persistence is more common than violent rape; I had never imagined.

I was confused and didn't know what to do... I maintained contact with the Women's Resource Center, a psychologist, my sister and my closest, longest friend. I texted my offender because I thought it was the best possible action to take at that point in time – I told him “No” really did mean “No,” and to not contact me; but of course he immediately called and I didn't answer – the was the last we would ever contact one another. I then texted the bride and phoned her to explain what happened and that I had been struggling with defining the situation since the wedding; she was sickened and that was the last and only time I would receive compassion from her.

As the weeks passed, I had a persistent feeling that I needed to do something... I wanted to have a voice and to protect others from

See SURVIVOR on Page 7

Rape survivor realizes assault not her fault

by **Melissa Meyers**
Civilian Personnel Advisory Center

In 2006, while deployed to Iraq, I was medically evacuated to Landstuhl, Germany. I was a 21 year old Lance Corporal at the time. During my short stay, I had the privilege of going out in the town in between doctor's appointments; however, I needed to be escorted by a liaison whom was also a fellow Marine and was a Sergeant. One evening, a group of us that had caught the same flight to Landstuhl decided to go out to a club to dance, but at the last minute everyone ended up backing out except the liaisons and myself. So, I went dancing and was going to try and enjoy the few

Would he hurt me? These thoughts went through my head within a very short amount of time, but I ended up putting the blame on myself. I thought, “Well, Melissa, if you wouldn't have given a guy that you barely know your drink then this wouldn't have happened in the first place.” I remember feeling safer when I had that thought and I promised myself that I would never make the mistake again – and to this day I very rarely drink (1 drink every few years).

After 5 years on active duty, I got out of the Marine Corps. I got married, had children and began to work for the federal government as a civilian. During this time, I had begun to work on myself through

had the choice now to stand up for myself. Once I made the decision, Heather informed me that this process was going to take years and that it isn't what we see on T.V. with shows like Law & Order. I understood and to be completely honest, part of me thought that the authorities would even find him because it had been so long.

Due to the rape occurring while active duty, NCIS were the authorities. Because I was able to provide a decent amount of detail and tell them within a 2 week time frame of when I was medically evacuated, NCIS found my assailant within a couple of months. They told me that they would bring photos up of 6 individuals and I would have to identify his current photo. I was completely surprised and horrified all at the same time! I had so many thoughts going through my head like, “Now what? Wait, a current photo? What if I don't recognize him? What if he looks completely different?” I was nervous!

Agents brought the lineup of photos and as soon as I saw his picture, I knew it was him. Once I identified him, and some of my family members interviewed, my case was transferred due to my assailant's location. Since then, I have identified photos of where the rape occurred. I remember being extremely nervous and anxious because I didn't want to feel like a victim again. I also thought, “What if it isn't what I remember? What if I identify the wrong thing? Will they not believe me anymore?” When I saw the photos of the apartment I remembered a lot, more than I really want to remember.

My case is still open and it is presently in the hands of a prosecutor. Being made aware of the system and how it works, I understand that if the prosecutor feels they can win the case then they will take my case on. With that comes a lot of the same questions I have already asked, but some others that come to mind are, “Are we going to go to court? Why is this decision taking so long? Am I going to have to see him? What if the prosecutor doesn't take the case? What is justice then? Lord, help me!” More importantly though, while I sit here and write my experience out, I can't help but think, “Why am I full of so much self-doubt?” Whether or not a prosecutor takes the case; whether or not I could not remember ever inch of that apartment; whether or not someone believes me, I know what happened. It took me a long time to realize what actually occurred because I was afraid. My rape is not my shame to carry anymore, and it was never my shame to carry in the first place. I am standing up for myself. This is why I am a survivor.

COMMENTARY

is an expression of opinions or offering of explanations about an event or situation.

Printed are the original texts submitted by the authors.

The articles have not been edited by any member of the Tobyhanna Reporter staff.

The Sexual Assault Response Coordinator (SARC), Victim Advocate, Family Advocacy Program Manager and other services can help individuals heal. Learn how to identify sexual assault and the reporting options. For details, call the SARC, 570-615-8688.

days I had where I didn't have to worry about getting blown up.

When we arrived at the club, I went to the bar and got a drink. I went down to the dance floor, and a bouncer motioned to me that I could not have the drink on the dance floor. So, I went up and asked if one of my brothers could hold my drink for me. One of them took it and I went back to the dance floor. After a little time passed, I went up to the guys and took a sip of my drink. I went back down to the dance floor and began to dance again - and then things begin to get dark from that point forward. I have a few memories that consist of being pulled out of the club, attempting to be dropped off at the barracks but then being put back in the car by the Sergeant, and then being in his apartment being raped.

The following morning, I woke up to a full bladder. When I opened my eyes I could see the bathroom so I walked to it and began to relieve myself. When I was done, I stood up and that is when I realized that I was completely naked and had no idea where I was. In the matter of seconds I had multiple thoughts and I began to look around to try and figure out where I was. I saw a set of cammies on a chair and realized that I was in the sergeant's apartment alone. I then began to piece the evening together.

I remember being extremely afraid. Part of me knew that I had been raped, but here I was in a country I had never been to and alone in my assailants apartment with no idea or means to get back to base. What if I confronted him?

a program called Al Anon, and the situation of my rape continued to poke its ugly head up. I remember telling my sponsor about it and she suggested that I see someone professionally because I could talk about it with no emotion. I was completely detached from it as if it had happened to a complete stranger and I was just regurgitating a story. I took her suggestion and contacted Heather for an appointment.

On the morning of my appointment with Heather, I remember walking down to her office and my heart felt like it was going to jump out of my chest. I then realized that I was getting a lump in my throat. I couldn't understand where this wave of emotion was coming from. It had been 8 and a half years since I was raped. Why now was I fighting back tears? I sat down in her office trembling, and began to tell her through tears what had happened to me. After 8 and a half years of taking responsibility for something that was not mine to take, I finally cried because I had the realization that I was truly raped.

After seeing Heather a few times, she asked me if I wanted to report it to the authorities. I looked at her with confusion as it had been almost a decade, and she informed me that there was no statute of limitation for rape. I had thoughts like, “Melissa, you have waited over 8 years. No one is going to believe you.” After some time of talking about it with my husband and sponsor, I made the decision that I was going to go unrestricted reporting. I may have not had any control over what had happened to me back then, but I

NEW SUPERVISOR

Michael McCawley is chief of the Command, Control and Computer Branch, C4ISR Directorate. He supervises personnel who repair and test the TYQ-23 mobile command, control and communications facility, assemble, test and field language labs, and use Integrated Family of Test Equipment to repair circuit cards for various systems overhauled at Tobyhanna.



McCawley

Prior to his current position, McCawley was chef of the former Communications Systems Directorate's Wholesale Logistics Management Branch. He began his depot career in August 1987.

McCawley served seven years in the Army National Guard.

He graduated from Scranton Central High School in 1984. McCawley is a member of Saint Stephen's Booster Club and Park Place River Association. He enjoys spending time with family, playing golf and shooting.

WELCOME TO THE DEPOT

Name	Title	Organization
Rami Ayad	Electronics engineer	D/PE
Janee Brown	Secretary	D/C4ISR
Ean Chong	Firefighter	D/IS
John Demarco	Security Guard	D/IS
Bryan DeSoto	IT specialist	D/C4ISR
Bobby Diep	Chemical engineer	D/PE
Edward Eberhardt	Electronics engineer	D/PE
Daniel Gorham	Equipment specialist	D/IS
Jacob Gogno	Environmental engineer	D/IS
Jason Hammac	IT specialist	D/C4ISR
Wilbur Heffelfinger	Electrician	D/SIS
Xinyang Liu	IT specialist	D/C4ISR
Randy Oney	Wastewater treatment plant operator	D/IS
Gerald Peereboom	IT specialist	D/PE
John Polkowski	Electronics engineer	D/PM
Zachary Prah	IT specialist	D/C4ISR
Stanley Range	IT specialist	D/PE
Ferdinand Rejano	IT specialist	D/PE
Thomas Robbins	Tools and parts attendant	D/PM
Leslie Salomon	Mechanical engineer	D/PE
Brandon Stinger	IT specialist	D/PE
Susan Thomas	Secretary	D/C4ISR
Pasco Tomaino	Electrical worker	D/IS
Enoh Vinson	IT specialist	D/PE
Arvin Zane	Equipment specialist	D/C4ISR

COMMUNITY BULLETIN

Editor's Note: The Community Bulletin provides an avenue for depot and tenant employees to advertise van or car pools, and for-sale items. Money making items such as rentals and personal business will not be accepted. Information must be submitted via e-mail or written items can be mailed to the Public Affairs Office, mail stop 5076. Submissions must include a name and telephone extension.

Only home phone numbers will be published in the Trading Post section. Voluntary submission of items constitutes individual's consent to publish personal information in all versions of the *Tobyhanna Reporter*. Ads will be published in four consecutive newspapers. It is the customer's responsibility to update or renew items listed in the Community Bulletin.



CAR/VAN POOLS

Jim Thorpe/Penn Forest Township/Albrightsville: 1 opening, nonsmoking, contact Brian, X55049.

Hawley/Greentown/Newfoundland/South Sterling: 2 openings, nonsmoking, contact Bruce, X58360 or Rose, X55213.

Wind Gap: 1 opening, nonsmoking, contact Cristal, X59177.

Jessup/Dunmore: 1 opening, pick up point is the park and ride in each location, Karen Brusca or Richard Kulbitsky.

Clarks Summit: 1 opening, contact Leo, X57416.

Bethlehem/Wind Gap: 1

opening, nonsmoking, meet at West Gate Mall in Bethlehem and Kmart in Wind Gap, contact Bill.

Back Mountain/Luzerne:

1 opening, nonsmoking, pick up points are Thomas' grocery store in Shavertown and Luzerne Shopping Center, contact Jeff, X55011.

Jessup: 1 opening, A placard, nonsmoking, meet at the park and ride, contact Mel, X58905.



TRADING POST

SURVIVOR from Page 6

being potential victims. I began to consider reporting him, but my self-doubt as well as consideration for his career and for him as a father allowed me to put it off; I also wasn't sure how to report and what would happen... he knew where I lived and I knew he carried around a couple of guns with him; I was intimidated by his strength and resources. I had nightmares and couldn't sleep, I had an overwhelming sense of fear when I saw someone who resembled him or a vehicle that looked like his; the emotional toll was maddening. I was raped 2 May and reported 6 July. I was terrified and wanted to keep the reporting and the situation as quiet as possible; the Women's Resource Center offered to provide support during the investigation process, but I declined... this decision would eventually lead to increased self-doubt.

My initial reporting with a local State Trooper was encouraging; he took my statement and then told me off the record that they're not all bad guys. I could tell he felt sympathetic and was realistic that these types of situations are non-discriminatory. The reporting process was a whirlwind, and I did my best with the tools I had to provide input for the investigation; I also tried to maintain a realistic stance — I didn't paint a picture of myself as an angel, but I was confident that my rape was not warranted. As the reporting process continued, self-doubt increased...

I was asked why I waited so long to report; I had experienced great inner turmoil of defining the incident, considering all aspects and mustering up the courage to

report, so two months was a quick moment, and it didn't seem to be excessive when there is no statute of limitations on reporting. The Trooper insisted that he stopped when asked and that I initiated all actions; I should have expected this, but wasn't actually prepared. The investigator maintained that this wasn't rape if I initiated in any way; I may not have been sure of every detail that night, but I knew I said "no" and never initiated — this would lead to a long five-month-long period of self-doubt. My offender's fellow State Trooper friends who provided statements that manipulated my words ever so slightly to degrade my character; when I mentioned to the investigator that I felt the fellow State Troopers may be protecting each other, I was met with firm insistence that such a thing could never happen and could jeopardize their careers — I was taken aback by his strong reaction and thought that rape was also against a Trooper's professional ethics — the investigator's reaction seemed a little biased. I gathered as much information as quickly as I could, solicited the help of friends and family (the few who I told), provided information as timely as possible, and stayed in constant contact with the investigator... I provided the last bit of information — a text trail — the afternoon of 4 Aug. The investigator informed me the he had met with the District Attorney that morning and a decision was made not to proceed... my heart sank... I had been raped, exhausted from sleepless nights, experienced an ongoing preoccupation with the rape, self-doubt, and data gathering,

and now the investigator never told me when he was going to the DA and hadn't included all of the data I provided — I felt defeated.

In hindsight, I realize that I was in a fog until the following February... I began to accept the situation and seek various ways to help myself and others who were raped, walk closer in my faith, and focus on self-care and quality relationships with my family and friends. Regaining relationships was tough as times because the bride was my first friend who ever told me she loved me and I felt betrayed... we hadn't spoken since the previous June when she mentioned that she and her husband were attending the birthday party of my offender's son, or when I received a thank you card from the wedding with a picture of the wedding party (offender included) on the front — both occurred after I told her about the rape.

Anyone who has been through this situation knows that you can't make this up; you don't wake up on a random morning with an inclination to report someone for raping you. In my case, it took time to define, and time to heal emotionally. I continue to work on finding justice, which — for me — is becoming closer to my faith, reclaiming my joyfulness and realizing that I can love and can be loved.

We are not defined by the events we endure, we are defined by our perseverance.

TOBYHANNA CUSTOMER SATISFACTION SURVEY

www.tobyhanna.army.mil

Click on the customer service link to rate depot support, services

The author of this article wishes to remain anonymous.

PMP training available to depot personnel

by Lori Smotryski, PMP
Resource Management Directorate

Organizations complete more of their projects on time and on budget when the project managers are certified Project Management Professionals (PMP).

PMP is an internationally recognized professional designation offered by the Project Management Institute (PMI), a not-for-profit organization. Tobyhanna Army Depot employs 19 credentialed project managers who improve the success rate of projects by applying a standardized set of skills used by peers around the globe.

Project managers handle all phases of a project, oversees a team, and manages the expectations of a project and its stakeholders.

Similar to a certified public accountant license, the PMP certification requires specialized training and a passing score on a 200-question exam.

Training and self-study provides a solid foundation for project management. The PMI course teaches personnel how to lead projects and apply best practices throughout all phases of a project.

A PMP takes responsibility for the project serving as the team leader and manages the project's daily work objectives. A project is a temporary endeavor that ends in a result,

product or service. A program, in contrast, is a group of related projects. Project management is the application of knowledge and techniques to project activities

While PMPs typically hold positions as project managers, many work in other positions while managing projects. Tobyhanna's PMPs are engineers, analysts and logistics management specialists.

The benefits of project management include improved organization, superior efficiency and effectiveness, higher quality, and increased customer satisfaction; just a few of the reasons why the Department of Defense and Tobyhanna Army Depot value their PMPs. The certification is rapidly gaining favor as a preferred credential in both public and private sectors.

The PMP certification is not a current job requirement to work in the field of project management.

Personnel can still apply project management principles to a project without the PMP credential. However, a person cannot refer to themselves as a PMP unless they complete the training and pass the exam.

To learn more about the PMP certification go to www.pmi.org. For more information on project management training opportunities at the depot, contact a supervisor or the Resource Management Directorate's Employee Development Division, X56620.



President appoints new Army Secretary

Defense Secretary Ash Carter swears in Eric Fanning as the 22nd Army Secretary during a ceremony at the Pentagon, May 18. "This is a challenging time for our nation and for our Army. My highest priority will be working to ensure Soldiers receive the necessary resources and training to remain the greatest land power in the world. I am confident our Army will fight and win wherever our nation asks, whenever our country calls," Fanning said in a quote posted to his Army.mil website. As Secretary of the Army, he has statutory responsibility for all matters relating to the United States Army: manpower, personnel, reserve affairs, installations, environmental issues, weapons systems and equipment acquisition, communications, and financial management. (DoD photo by Air Force Senior Master Sgt. Adrian Cadiz)



Team Tobyhanna among those who pay tribute

The Army Materiel Command band "Raw Material" performs for more than 100 employees and guests who gathered in front of Building 11 Thursday to watch Tobyhanna Army Depot's annual Memorial Day ceremony. The 30-minute ceremony featured guest speaker Col. Gregory Peterson, depot commander, and the wreath presentation honoring the nation's war dead, America's veterans and deceased employees and family members. In his remarks, Peterson paid homage to the "warriors who fought our nation's enemies, defended the cause of liberty and gave their lives in the cause of freedom." Tobyhanna provides the equipment and support, which improves the safety, readiness and effectiveness of the armed forces, he said, adding that Team Tobyhanna understands the cost of freedom and that's why employees do what they do every day. "This day [Memorial Day] marks the beginning of summer, and what could be a more fitting tribute to men and women who died in service to their country than the day that gives birth to a season filled with warmth and life?" said Kristen Loughran, master of ceremony. On Friday, depot personnel celebrated the Armed Forces service birthdays with a cake cutting ceremony in Café 4. Both events were hosted by the Tobyhanna Veterans Council. (Photos by Steve Grzezdinski)

