

Live 1-on-1 Help

Confidential

Worldwide 24/7

Help is just a **Click, Call or Text** away!



Click www.SafeHelpline.org

Call 877-995-5247

Text* 55-247 (INSIDE THE U.S.)

202-470-5546 (OUTSIDE THE U.S.)

*Text your location for the nearest support resources



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When you don't know what to do or who to talk to, contact Safe Helpline for confidential sexual assault support...24/7, worldwide access to trained professionals.



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DoD
Safe Helpline
Sexual Assault Support for the DoD Community



Download a QR reader app, then scan to go directly to SafeHelpline.org

Live 1-on-1 Help
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Worldwide 24/7



Download a QR reader app for your smartphone, then scan to go directly to www.SafeHelpline.org

If you or someone you know is a survivor of sexual assault, contact DoD Safe Helpline, a sexual assault crisis support and resources service for adult Service members of the DoD community.

Safe Helpline staff is trained on the unique needs of those living and working in the DoD community. Staff is available 24/7, worldwide.

Safe Helpline staff will not ask for any personal information that could identify you, such as your name or address.

Safe Helpline is administered by the Department of Defense via a contract with the non-profit Rape, Abuse & Incest National Network, the nation's largest anti-sexual violence organization.

Visit www.SafeHelpline.org for more information.