



Week 1

Spring/Summer Menu

FY 12

Weeks of: 4/30/12, 5/28/12, 6/25/12, 7/23/12, 8/20/12

Please Note: Menu substitutions may be made at the discretion of the kitchen to accommodate for center celebrations, individual birthdays, or prime vendor specials, such as fresh fruit, vegetable, or meat specials.

	Components	Monday 4-30, Holiday, 6-25, 8-20, 2012	Tuesday 5-1, 5-29, 6-26, 8-21, 2012	Wednesday 5-2, 5-30, 6-27, 8-21, 2012	Thursday 5-3, 5-31, 6-28, 8-22, 2012	Friday 5-4, 6-1, 6-29, 8-23, 2012
Breakfast	Fluid Milk	Milk	Milk	Milk	Milk	Milk
	Bread or Bread Equivalent	Cold Cereal Bagels (SAS Add-In)	Pancakes Cold Cereal (SAS Add-In)	English Muffin Cold Cereal (SAS Add-In)	Cold Cereal Yogurt w/Granola (SAS Add-In)	Cold Cereal Raisin Toast (SAS Add-In)
	Fruit, Vegetable, or 100% Juice	Blueberries	Applesauce	Mandarin Oranges	Strawberries	Bananas
	Additional Food (Optional)		Syrup			
Lunch	Fluid Milk	Milk	Milk	Milk	Milk	Milk
	Meat or Meat Alternate	Ground Turkey Sauce	BBQ Chicken	Beef Hot Dogs (SAS) Pork Tenderloin (CDC)	Ham & Cheese Sandwich	HM Mozzarella Cheese Pizza
	Vegetable or Fruit	Eggplant	Cooked Broccoli	Baked Beans	Cooked Carrots (CDC)	Corn
	Vegetable or Fruit	Nectarines	Cantaloupe	Watermelon	Apples	Fresh Fruit Salad
	Bread or Bread Equivalent	Baked Ziti	White Rice	Hot Dog Bun (SAS)/Whole Wheat Dinner Roll (CDC)	Potato Bread	English Muffin
	Additional Food				LT/Oranges/Chips (SAS)	
Snack	Choose 2 of these 4:					
	Fluid Milk	Milk		Milk		
	Meat or Meat Alternate	Cheese				Yogurt
	Fruit, Vegetable, or 100% Juice	Salsa & Sour Cream (SAS Add-In)	Bananas	Pineapple Cream Cheese (SAS Add-In)	100% Apple Juice	Frozen Cherries
	Bread or Bread Equivalent	Flour Tortillas	Graham Crackers	Vanilla Wafers	Goldfish Crackers	Granola Bar (SAS Add-In)
	Additional Food (Optional)	Water	Water Pudding (SAS)	Water	Water	Water



Week 2

Spring/Summer Menu

FY 12

Weeks of: 5/7/12, 6/4/12, 7/2/12, 7/30/12, 8/27/12

Please Note: Menu substitutions may be made at the discretion of the kitchen to accommodate for center celebrations, individual birthdays, or prime vendor specials, such as fresh fruit, vegetable, or meat specials.

	Components	Monday 5-8, 6-5, 7-2, 8-27, 2012	Tuesday 5-8, 6-5, 7-3, 7-31, 8-28, 2012	Wednesday 5-9, 6-6, Holiday, 8-1, 8-29, 2012	Thursday 5-10, 6-7, 7-5, 8-30, 2012	Friday 5-11, 6-8, 7-6, 8-30, 2012
Breakfast	Fluid Milk	Milk	Milk	Milk	Milk	Milk
	Bread or Bread Alternate	Cold Cereal Bagels (SAS Add-In)	French Toast Cold Cereal (SAS Add-In)	Whole Wheat Toast Cold Cereal (SAS Add-In)	Cold Cereal Yogurt w/Granola (SAS Add-In)	Cold Cereal English Muffin (SAS Add-In)
	Fruit, Vegetable, or Full Strength Juice	Honeydew	Diced Peaches	Fruit Cocktail	Orange Juice	Bananas
	Additional Food (Optional)		Syrup	Jelly		
Lunch	Fluid Milk	Milk	Milk	Milk	Milk	Milk
	Meat or Meat Alt.	HM Macaroni & Cheese	Chicken Soft Taco	Beef Sloppy Joes	Bologna & Cheese Sandwich	Fish Sticks
	Vegetable or Fruit	Zucchini	Tomato/Cucumber Salad	Green Bean Salad	Mixed Greens Salad(CDC)	Peas
	Vegetable or Fruit	Diced Pears	Pineapple	Orange Wedges	Apples	Fresh Fruit Salad
	Bread or Bread Alt.	Macaroni	Flour Tortilla	Hamburger Bun	Wheat Bread	Hush Puppies
	Additional Food		Shredded Cheese		LT/Oranges/Chips (SAS Add-In)	
Snack	Choose 2 of these 4:					
	Fluid Milk		Milk			
	Meat or Meat Alternate			Yogurt	Peanut Butter	
	Fruit, Vegetable, or 100 % Juice	100% Grape Juice Fruit Bowl (SAS Add-In)	Cinnamon Apples Celery with Peanut Butter (SAS Add-In)	Fresh Fruit Topping		Purple Cow Shake
	Bread or Bread Equivalent			Graham Crackers (SAS Add-In)	Ritz Crackers	Animal Crackers Trail Mix (SAS Add-In)
	Additional Food Optional	Pierogies				
	Water	Water	Water	Water	Water	



Week 3

Spring/Summer Menu

FY 12

Weeks of: 5/14/12, 6/11/12, 7/9/12, 8/6/12, 9/3/12

Please Note: Menu substitutions may be made at the discretion of the kitchen to accommodate for center celebrations, individual birthdays, or prime vendor specials, such as fresh fruit, vegetable, or meat specials.

Components		Monday 5-14, 6-11, 7-9, 8-6, Holiday, 2012	Tuesday 5-15, 6-12, 7-10, 8-7, 9-4, 2012	Wednesday 5-16, 6-13, 7-11, 8-8, 9-5, 2012	Thursday 5-17, 6-14, 7-12, 8-9, 9-6, 2012	Friday 5-18, 6-15, 7-13, 8-10, 9-7, 2012
Breakfast	Fluid Milk	Milk	Milk	Milk	Milk	Milk
	Bread or Bread Alternate	Cold Cereal Bagels (SAS Add-In)	Waffles Cold Cereal (SAS Add-In)	HM Muffins Cold Cereal (SAS Add-In)	Cold Cereal Yogurt w/Granola (SAS Add-In)	Cold Cereal English Muffin (SAS Add-In)
	Fruit, Vegetable, or Full Strength Juice	Halved Grapes	Fresh Peaches	Apricots	Mandarin Oranges	Bananas
	Additional Food (Optional)		Syrup			
Lunch	Fluid Milk	Milk	Milk	Milk	Milk	Milk
	Meat or Meat Alt.	Ground Turkey-a-Roni Sauce	Caesar Chicken	Sausage Patty	Turkey/Cheese Sand.	Mozz. Cheese Pizza
	Vegetable or Fruit	Cooked Broccoli	Romaine Lettuce	Cucumber Salad	Cole Slaw (CDC)	Tossed Salad
	Vegetable or Fruit	Mandarin Oranges	Cantaloupe	Watermelon	Apples	Fresh Fruit Salad
	Bread or Bread Alt.	Elbow Macaroni	Bread Sticks	Hamburger Bun	Seedless Rye Bread	French Bread
	Additional Food	Dinner Roll	Elbow Mac (Inf/Tods)		LT/Oranges/Chips (SAS)	
Snack	Choose 2 of these 4:					
	Fluid Milk		Milk	Milk		Milk
	Meat or Meat Alternate	Cheese Dip (SAS Add-In)		Peach Yogurt	Cheesesticks	
	Fruit, Vegetable, or 100 % Juice	100% Orange Juice			Veggie Sticks & Dip	
	Bread or Bread Equivalent	Soft Pretzels	Brownie	Animal Crackers (SAS Add-In)		Graham S'Mores
	Additional Food (Optional)	Water	Water Ice Cream (SAS Add-In)			Water Ice Pops (SAS Add-In)



Week 4

Spring/Summer Menu

FY 12

Weeks of: 5/21/12, 6/18/12, 7/16/12, 8/13/12, 9/10/12

Please Note: Menu substitutions may be made at the discretion of the kitchen to accommodate for center celebrations, individual birthdays, or prime vendor specials, such as fresh fruit, vegetable, or meat specials.

	Components	Monday 5-21, 6-18, 7-16, 8-13, 9-10, 2012	Tuesday 5-22, 6-19, 7-17, 8-14, 9-11, 2012	Wednesday 5-23, 6-20, 7-18, 8-15, 9-12, 2012	Thursday 5-24, 6-21, 7-19, 8-16, 9-13, 2012	Friday 5-25, 6-22, 7-20, 8-17, 9-14, 2012
Breakfast	Fluid Milk	Milk	Milk	Milk	Milk	Milk
	Bread or Bread Alternate	Cold Cereal Bagels (SAS Add-In)	French Toast Cold Cereal (SAS Add-In)	Bagels Cold Cereal (SAS Add-In)	Cold Cereal Yogurt w/Granola (SAS Add-In)	Cold Cereal English Muffin (SAS Add-In)
	Fruit, Vegetable, or Full Strength Juice	Nectarines	Applesauce	Fruit Cocktail	Cantaloupe	Bananas
	Additional Food (Optional)		Syrup	Jelly		
Lunch	Fluid Milk	Milk	Milk	Milk	Milk	Milk
	Meat or Meat Alt.	Turkey Spaghetti Sauce	Breaded Chicken Breast	Beef Cheeseburgers	PB Jelly & String Cheese	Swedish Meatballs
	Vegetable or Fruit	Green Beans	Cooked Cauliflower	Red Potato Salad	Carrots & Celery	broccoli
	Vegetable or Fruit	Apricots	Fresh Peaches	Pineapples	Apples	Fresh Fruit Salad
	Bread or Bread Alt.	Spaghetti	Macaroni Salad	Hamburger Bun	White Bread	Cornbread
	Additional Food (Optional)	Garlic Bread			Ranch Dip & Chips (SAS)	
Snack	Choose 2 of these 4:					
	Fluid Milk	Milk			Milk	Milk
	Meat or Meat Alternate			Yogurt		Peanut Butter, Raisins
	Fruit, Vegetable, or 100 % Juice	Homemade Banana Bread	100% Grape Juice	100% Apple Juice Bananas (SAS Add-In)		
	Bread or Bread Equivalent		Saltines/Cheese Dip		Chocolate Chip Cookies	Happy Face Rice Cakes
	Additional Food (Optional)	Water Vanilla Pudding (SAS Add-In)	Water Nachos & Taco Dip (SAS Add-In)			Water Saltines (SAS)