

Tobyhanna 100TH Anniversary Charity 5K Run

REGISTRATION FORM

5K Walk: [] 5K Run: []

Name: _____ Phone: _____

Address: _____

Email : _____

Date of Birth: _____ Age (as of June 23rd, 2012) _____

Male [] Female []

T-Shirt size: S [] M [] L [] XL []

Team Name (if applicable): _____

Cost:	Pre-registered:	\$20
	Race Day:	\$25
	Team Pre-registration only:	\$75
	Family (5 people maximum):	\$75
	T-shirt only:	\$15

Make checks payable to the RMH Scranton

Release and Waiver

By submitting payment, I, the undersigned, in consideration and acceptance of the entry and registration as a participant in the Army Community Covenant 5K, waive any and all claims which I and my heirs or assigns may now or hereafter have against the Ronald McDonald House, Tobyhanna Army Depot, its members, Army Community Service, and Morale, Welfare and Recreation and all volunteers, employees of the 5K which may directly or indirectly result from my participation in the Army Community Covenant 5K. I further warrant and represent that I am in proper physical condition to participate in the 5K and am not participating in this event against physician's advice nor am I taking medications which would impair my health or ability to participate in the 5K.

Participant's Signature: _____ Date: _____

Signature of Parent or Guardian (if participant is under 18): _____

If you have any questions
please contact the Ronald McDonald House
at (570) 969-8998 or
email: rmhscranton@comcast.net



RONALD MCDONALD
HOUSE OF SCRANTON
Celebrating 25 Years

